

Dance of Joy

SEPT. 11-13, 2026

Women's holistic retreat



PRACTITIONER & PRESENTER BIOS

Please review the various one-on-one sessions that will be available to you & choose the top 4 therapies you might like to experience during your stay. Sessions are \$25 cash, paid directly to the practitioner. We will schedule everyone in for their sessions upon arrival.



Bonnie Jewell-Baranski, with 30 years experience in creating safe, respective circles, will guide us through her workshop: Stories of our Birth and Change. Out of our suffering comes new beginnings We will explore how the shadow, the Sacred hibernation, is where new ideas are formed. This will be a very powerful experience of the feeling of letting go, and cleansing and releasing, while at the same time feeling all that is new and all that is rebirthing. Bonnie has been a psychic since age 15 & is owner of Mystic Messages in the Sault. Call 705-971-2574.



Charmaine Kennedy will be offering totem animal card readings and chakra balancing. Charmaine has a diploma of Social Service Worker from Cambrian College & is a Reiki Master/Teacher and a Shamanic Practitioner. Her other studies include Pranic Healing, Shamanic Counselling and Shambala. She offers: Reiki, Reiki Teaching, Chakra Balancing, Totem Animal Readings and Spiritual Consulting & Workshops. Call 705-929-4384 or visit www.charmainekennedy.com.



Michelle Laferriere is the owner of The Raven's Feather, and will be offering energy clearings and tarot card readings. As a holistic practitioner, physical medium, and energy worker, Michelle supports others in tending to their spiritual and emotional wellbeing through several modalities, including Energetic Clearings, Usui Reiki, and Tarot/Oracle readings. She hosts the podcast Spirit Gumbo with CQ, where she blends personal stories, spiritual insight, and grounded wisdom while exploring healing, growth, and the messy, meaningful journey of being human. A creative at heart, she also expresses her craft through her own line of handmade jewelry and candles. Visit theravensfeather.ca or email theravensfeather74@gmail.com.



Line Perrault will be offering Emotional Freedom Technique (EFT) and Trauma Release Therapy. Line is a certified trauma informed somatic practitioner, certified in EFT and neurolinguistics programming (NLP), as well as a reiki and shamanism practitioner who is currently completing a kundalini yoga teacher training. Line created the FlowFusion modality, which combines breath work, fascia movements, body tapping and NLP. www.soulshinewellness.ca



Nathalie Fert will be offering intuitive massage & reflexology. She is a Holistic Practitioner certified in multiple disciplines: a Reiki Master, Healing Wicca (master), Divine Feminine, Holistic Massage & Lomi-Lomi. She continues to study in Traditional Chinese Medicine and acupuncture. She works mostly on Manitoulin Island, where she has the honor to work with the First Nations and help with deep trauma. Text her at 705-282-7757. She is available at Bare Naked Beauty in Kagawong, as well as Mnaamodzawin and Sheguiandah Health Centre. www.nathaliefert.com



Stella Joly will be offering mediumship and tuning fork therapy. She is a vibrational reiki master/teacher, and a Shamballa Multidimensional Healing Advanced Master Teacher. She has studied in Tuning Fork Therapy, Vibrational and Kabbalah Healing, Reiki and Aroma Touch Therapy. She studied at the Royal Conservatory of Music & Laurentian University. Her research led her to study Healing through Music. She is a Shamballa practitioner, using sound healing/tuning forks to help people find inner balance & peace within themselves. Tapping two tuning forks will instantaneously alter your body's biochemistry, bringing your system into harmonic balance. She offers services at Tree of Life North in Sudbury. Email her at jolystella@gmail.com



Joelle Nault will be offering intuitive card readings. Her own journey of healing and transformation brought her to discover, acquire training and be certified in many healing modalities such as Energy Awaken, Huna, Karuna Reiki, Reikiatsu, Golden Infinity Technique and primarily as a Reiki Master Practitioner and Teacher. Her desire for personal transformation led her to an extensive experience in the WEL-Systems® Institute's Programming & Certification as a CODE™ Model Coach. The underpinning of this program is Evolution by Intention™ Call 613-314-3037 or email joellenault11@gmail.com



Sari Huhtala will offer Reflexology, Indian Head Massage, Reiki & Craniosacral Therapy. Despite many travails, since 2001, she has held an unwavering commitment to conscious living through daily spiritual practices: chakra balancing, womb healing, dance, yoga, ceremony and ritual, and the study of shamanism. As a holistic chef and wildcrafting guide, nourishment through food & natural medicines is at the heart of her daily life. She created Alive & Fit Magazine in 2007, and has 30 years experience as a fitness professional. She is a certified Indian Head Massage Practitioner & Craniosacral Therapist & reiki practitioner, and is completing her reflexology certification. She began organizing Dance of Joy retreats in 2011. She is a mummu, an organic gardener, a shepherdess & chicken & duck mama who lives deeply from the soul. www.aliveandfit.ca --- www.thelaughingforest.ca --- 705-662-1469

**Register for Dance of Joy. Call Sari at 705-662-1469
or email friends@thelaughingforest.ca**

Dance of Joy Schedule



Friday, Sept. 11, 2026

Arrival between 9 a.m. and 10 a.m.

10 a.m. Opening blessing and smudging, and holistic snacks

11:30 a.m. Deeply rooted: Rituals in nature for releasing & renewal of the spirit

1 p.m. Holistic lunch

2 p.m. One on one practitioner sessions or free time: nature trails, beach & forest

5:30 p.m. Holistic feast

6:30 p.m. Group Energy Healing

7:30 p.m. Fireside drum circle

Saturday, Sept. 12, 2026

8 a.m. Chakra/Yoga Flow: Activating & balancing chakras through guided embodied movement that awakens your soul & strengthens your spirit.

9 a.m. Holistic breakfast

9:30 a.m. – 10 a.m. - **Arrival (all who are registered for Sept.12 or 12-13)**

10 a.m. Opening blessings

11:15 a.m. One on one practitioner sessions/free time

12:30 p.m. Holistic lunch

1:30 p.m. The Sacred Medicine of Cedar

2 p.m. Stories of our Birth and Change
Holistic snack

4:30 p.m. One on one practitioner sessions

6 p.m. Holistic feast

7 p.m. Cedar Foot Soak & Lymphatic Facial Massage

8 p.m. Fireside drum circle



Sunday, Sept. 13, 2026

7:30 a.m. Sunrise pipe ceremony

9 a.m. Holistic breakfast

10 a.m. Chakra Flow and intuitive movement

12:30 p.m. Holistic lunch and CELEBRATION OF OUR SPIRIT AS SACRED WOMEN

1:30 p.m. One on one practitioner sessions/free time

3:30 p.m. Completion

Prices include all holistic meals & snacks & shared accommodations in a yurt, bunkie or a cozy trailer. Contact Sari at 705-662-1469 or at friends@thelaughingforest.ca to register.

◆ **1-day** (no overnight stay): \$159 (plus tx) ◆ **2-day**: \$259 (plus tx) ◆ **3-day**: \$359 (plus tx)